# Germantown Athletic Club Advisory Commission Minutes

Tuesday, June 4, 2013 Great Hall Conference Center

Members Present: Chairman Ric Wolbrecht, Mr. Ron Fittes, Mr. Douglas Geyer, Mr. Jim Hastings,

Mrs. Kelly Nanney, and Ms. Dee Dee Dunehew

Members Absent: Alderman Palazzolo, Mr. Ron Rossman, Mr. Garth Thompson and Mr. Randall

Windschitl

City Staff Present: Mr. Phil Rogers, Mr. Curt Cromis, Ms. Amy LaRusso, Ms. Debbie Powers, Ms.

Nancy Rose

Guest: None

# Call to Order

Chairman Ric Wolbrecht called the June 4, 2013 meeting to order. The meeting was held in the Great Hall conference room.

# **Approval of the Minutes**

Chairman Rick Wolbrecht asked for a motion to approve the minutes. Motion to approve the May minutes was made by Mr. Ron Fittes and seconded by Mr. Jim Hastings and all were in favor.

### **Club Report:**

Chairman Wolbrecht opened the meeting thanking the staff and volunteers for all their hard work in putting together the Chill and Grill.

### Staff restructuring:

Mr. Rogers discussed the re-structuring in staff since Carrie resigned the Marketing position at the Club. He feels now that the Club has accomplished rebranding the facility; that the Club needs more centralized marketing. Mr. Rogers introduced Amy LaRusso and Nancy Rose to the members which many of them already knew. He announced in his staff restructuring development; he has promoted Amy LaRusso who has been with the Club about five years, from Fitness Programs Coordinator to Assistant Club Director, and Nancy Rose, who has been at the Club as a Fitness Instructor, as the new Personal Trainer Manager. He then asked Mrs. LaRusso and Mrs. Rose to give an overview of their work experience and plans.

Mrs. LaRusso greeted everyone and stated she has been spending the last four weeks, spending time in the nursery, and different areas of the Club, scheduling meetings with the managers and getting to know their different styles of management and their job specifics. She stated she is still in the learning phase of her position. Mr. Rogers added before coming to the Club, Amy was an Operations Manager for Well Works, and a training manager for 650 Fitness, and she has been in the fitness industry for a long time now. He added Amy will be handling the daily operations of the facilities and marketing, freeing up some of his time so he can focus more on building the business.

Mrs. Rose, introduced herself and explained she had worked in the fitness industry for about 25 years, as an independent contractor in personal training. She has been with the club for several years as a fitness instructor, and is now in the process of hiring and training part time personal training staff. Mrs. Rose explained that she and Mr. Rogers will be attending a seminar to get certified in the Functional Movement Training; which will be part of the new model training process for her part time personal training staff. Mrs. Rose stated with the new Functional Training Program she hopes to engage more members on some level of personal training, and this program will introduce members to new equipment not currently used in the fitness classes. Mrs. Rose added the members have probably noticed that the staff has been mapping out areas to separate the fitness floor area from the personal training area, and the Functional Training equipment.

#### Capital Improvements Project:

Mr. Rogers stated the City is coming to the end of its Fiscal year, which hits the Club at its busiest time of the year for closing out the budget. He added while looking at closing out his budget, he has been looking at the Capital Improvements Project for the secondary ozone sanitation system for the indoor pool which is expected to be installed at the end of June. This sanitation system will eliminate some of the chlorine gas we have in the pool area.

Mr. Geyer asked about the project schedule and if the members could expect a down time for the indoor pool.

Mr. Rogers's explained staff will drop the pool water level, shut down the pump system, but keep the pool open. Staff is not expecting any down time, but with the water levels lower, when staff restores the water, the pool will be cooler for a few days. Mr. Rogers's added a local vendor; Memphis Pool will be installing the sanitation system which is coming from Georgia.

# Indoor Pool:

Mr. Rogers commented that staff had an incident at the indoor pool on Monday, and he was very pleased with the lifeguard's quick response to a member who needed medical attention. He added members need to update their emergency contact information on a regular basis, without her cell phone, staff would not have been able to contact family members.

#### Open Discussion:

Mrs. Dunehew stated that she felt like the fitness weight floor, especially in the morning hours did not have the staff to handle an emergency situation if something happened on the floor. She said she had noticed members could not always find or recognize the staff on the floor. She recommended notifying members of any new weight floor staff, and asking staff to wear uniforms when they are working, so members can recognize the staff on the floor. Mrs. Dunehew said that it is hard to recognize staff, when they are behind the counter one minute, and out on the floor training someone the next, and not in uniform. She said she would like for it to be addressed that the morning staff is not on the floor, and she is concerned about a safety issue.

Mr. Rogers responded that members should not feel like there is a safety issue, that we have staff on the floor at all times; staff may leave the weight floor area for a short period of time to clean, but the Club is staffed at all times.

Mrs. LaRusso asked if her main concern was safety, and stated with the new training model the Club is going to, when staff get all the new part time personal trainers trained, and on the floor, more staff will be on the floor prepared to help with emergency situations. She added that we have a couple of part time personal trainers: Will and Crystal that are on the floor now, who rotate between personal training and weight floor attendant roles.

Mrs. Rose added that in all the years of her personal training and fitness experience, she always cleaned equipment on the floor, or if there was a situation on the floor that needed immediate attention, she as a personal trainer or staff member on the floor stopped and handled any situation that arose. Mrs. Rose added that this part time personal training model is not going to replace anything in place now, but will be an addition to what members are accustomed to.

Mr. Rogers added that members should not be concerned about staff training and rotating between training and weight floor cleaning staff.

Mr. Rogers added we had added over 2000 on Facebook, and he thanked the members of the Commission that volunteered to help staff cook for Chill and Grill, he said summer memberships are going strong and if the Club does as well as last year, he will be very happy.

Chairman Wolbrecht reminded the Commission Members the next meeting will be in August, due to the July 4<sup>th</sup> Holiday.

#### Adjournment:

Meeting Adjourned